



INDEPENDENCE 4 - H

March 2023

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4-H Pledge

I pledge
my head to clearer thinking, my heart
to greater loyalty, my hands to larger
service, and my health to better living,
for my club, my community, my
country, and my world

Important Upcoming Dates:

- Mar. 10: Fashion Revue Participation Form Due

- Mar. 13: Regional Presentation Day IN-PERSON
Presentation deadline

- Mar. 17: 4-H All-Star apps due to office by 3 pm

- Mar. 18: 2023 Regional Presentation Day
IN-PERSON - Location: Antioch

- Apr. 18: Regional Presentation Day Virtual
Presentation deadline

- Apr. 8-22: Virtual Regional Presentation Day

- May 7: 62nd Annual 4-H Chicken Que

- CAMP DATES: JULY 10-15 & 17-22

President's Message

Wilder Larrain

Dear Independence 4-H,

I just want to start off by saying thank you to everyone who participated in Presentation Day and the Cloverdale Citrus Fair. These are big events that will help each and every one of you 4-Hers in your future endeavors. I hope to see even more of you at these events next year. Keep in mind, Fashion Revue is happening soon. Sign up now!

February was a great month for Independence 4-H. At our club meeting, we had Deborah from Goatlandia come and talk to us about her animal welfare based non-profit, which is to save abandoned or hurt animals that are in need of help. She introduced us to two small goats of her own and acknowledged that we could help as well by volunteering at their local farm. Later on that night, our Sonoma County Allstars Tammy Kelley and Alex Justus came to visit for our very own ice cream party, which we won by participating in the cupcake contest on Achievement Night!

I look forward to seeing you all at our next general meeting on March 8th, 2023.

Your President,
Wilder Larrain



Community Club Leader's Letter

Bonny Russell Larrain

Hello,

Beth and I are just so proud of our club. Many members have represented our club at Presentation Day and the Cloverdale Citrus Fair.

Out of all the clubs in Sonoma County, Independence 4-H did the most presentations on Presentation Day. We had six members present. We want to give a special shout-out to Madeline and Austin Smith. They are first-year members of 4-H and they took on the challenge of doing a presentation. Madeline did an Educational Display on woodworking and "How to Build a Lamp." Austin did a Demonstration on "How to Use a Command Prompt in Microsoft." As part of the Leadership Project, Camille Maddocks and Abbey Casey also entered the competition. Camille did an Interpretive Reading of "My Sister's Horse." Abbey did two presentations. The first was an Educational Display on "The Language of Flowers," and she also did an Interpretive Reading of "The Language of Flowers." Two of our veteran members also took part in the day. Quinn Craven-Pittman did a Demonstration Presentation of "Effective Workouts for Strength Training" and Clay McDonell did a Science and Engineering Presentation on "Norcal EZ-Clean Automatic Bicycle Cleaner." What I love about Presentation Day is that members can choose any topic that interests them and find a way to share it with others.

We also had winners at the Cloverdale Citrus Fair. Camille and Phoenix Heartt-Johnson won prizes in Dogs (see p.6). In the still exhibits, Camille earned 1st place ribbons for her Educational Display poster, ceramics, paper flowers, and tie-dyed pillowcase. Adelyn Maddocks also got 1st place for her tie-dyed pillowcase. Elisabet Cornish won many 1st place ribbons for her beautiful photographs. The Leadership project took a field trip to the fair to see all of the wonderful exhibits and some animal judging. We rode a few rides and ate some fair food. It was a really fun day. Congratulations to Camille, Adelyn, Elisabet and Phoenix for taking part in the fair. I love the fair for the same reason I love Presentation Day. Members can choose any topic that interests them and find a way to share it with others.

Fashion Revue is fast approaching. It might be an event that interests you. Look at the Sonoma County 4-H website for entry deadlines.

Whatever your interests are, 4-H can provide you with an avenue to pursue them. Keep exploring your current interests and checking out new ones. You'll be surprised where your explorations might lead you.

Sincerely,
Bonny Russell Larrain

**For 4-H
Camp Staff
info, visit
the club
[website](#)**



Community Service Corner

Leo McDonell

Hope you all enjoyed the baby goats and the visit from Goatlandia founder, Deborah Blum, last month!

This month our Community Service Activity benefits Ceres, which is a place in Sebastopol that prepares free healthy meals and delivers them to people who are recovering from serious illnesses.

At the general meeting, we will be making drawings on paper placemats that are spring-themed and cheerful (plants, flowers, rainbows, butterflies, animals, sunshine, etc.). Bring your creative ideas! You can make as many as you want at the meeting and I will deliver them to Ceres. They will put them in as a surprise with the meals they deliver. People love to get the colorful placements - they brighten their day!

Recording Secretary Spotlight

Abbey Casey

Hi! My name is Abbey Casey and I am our club's Recording Secretary. I have been in 4-H for 8 years, but this is my first role on the executive board, and so far I am having a great time with it.

As the Recording Secretary, my job is to take the minutes at each meeting and organize them to be put on our website. In these minutes I write notes about what activities we do at meetings, who speaks about projects, and who makes and seconds motions. Another part of this job, and just being on the executive board, is speaking about what is happening in the club.

This is a good first job to have on the board. It requires a level of organization and commitment but isn't an overload of work. It also helps with the practice of public speaking, communicating your opinions, and learning to manage your time. I feel that Recording Secretary is a very worthwhile job, and it makes me feel like I have a bigger part in this wonderful community.

T-Shirts!

The brand-new 2023 Club T-shirts are now available for purchase!

Order [here](#)

All payments must be received by March 13

Email Hannah at katcor@gmail.com with any questions.

Here are the designs:



Front

Independence 4-H



Sebastopol, CA

Back



Cloverdale Citrus Fair Award Details And Photos

Club Members who entered items in the still exhibits competitions:

Camille Maddocks

- Ceramics, 1st
- Handmade Paper Flowers, 1st
- Tie Dyed pillow case, 1st
- Educational Poster: Canadian Lynx, 1st



Adelyn Maddocks

- Tie-Dyed pillowcase, 1st

Elisabet Cornish

- Photography, multiple 1st prizes

Dog Project members who showed at the fair:

Camille Maddocks & her dog, Noe

Won 1st in both Obedience and Showmanship

Phoenix Heartt-Johnson & his dog, Lexi

won 3rd in Obedience, 2nd in Showmanship, and also participated in Small Animal Round Robin



GENERAL MEETINGS

Back to our regular time and place!

Oct, Nov, Jan, Feb, March, April & May.

2nd Wednesday of each month

from 6:30-7:30

Sebastopol Center for the Arts /

Veterans Building

282 South High Street.

Interested in submitting your articles/photos to the newsletter?

Email

chellemc@sonic.net

and

stephinezhiyi@gmail.com





Tide Pooling

Claire Pederson

Pinnacle Gulch tide pooling was a phenomenal experience. The hike was led by Sonoma County parks, they educated us about the species we might see and what the rules around tide pooling were. We started off with a mile hike down the canyon, learning about plants and the recent storms that have caused erosion on the trail. Once we got down to the beach, our leader Kristina informed us how the tides were lower than usual -1.3 and we would be able to go out far to explore the tidepools. First, there were a few rules of tide pooling, one being to leave the animals where they were living, not to pull the animals off the rocks and the most important safety rule was to never turn your back to the ocean.

After that, we were released and encouraged to explore the tide pools. The creatures that we found were: Sea Anemone, Star Fish, Crabs, Acorn Barnacles, Mussels, Sea Snot, Sea Snails, Bat Stars, and many different types of seaweed. My favorite part was feeding the Sea Anemone bits of squid tentacles, the Sea Anemone eats by using its tentacles to feed itself. Everyone really enjoyed this project and learned or saw something new. If you have never gone tide pooling, I highly recommend it.





Vice President Officer Spotlight

Joey Harriman

I am Joey Harriman and I am the Vice President of Membership. I enjoy this position because I get to learn everyone's names. You get to meet a lot of nice people. As VP of membership, you keep everyone's 4-H name tags. At the beginning of the year, I match old name tags for returning members and leaders and make name tags for new members. On the night of the club meeting, I put them in alphabetical order by last name so it is easier for everyone to find their tags. I try to greet and check in with everyone as they come in. Once the meeting starts, I call everyone who did not check in with me. I also count the number of guests that are there. After the meeting, I enter the check-in on a spreadsheet for the whole year. This helps the secretary and club leaders at the end of the year. We do this so we can track how many people attend our meetings and who will get a 100% attendance pin for their hat. I really like the job because I like to connect with people.

Cloverdale Citrus Fair

Phoenix Heartt-Johnson

Last week I showed my dog Lexi at the Cloverdale Citrus Fair. I showed in obedience and showmanship in the junior category. In obedience, Lexi placed third, and in showmanship, I placed second. Then I found out I got to go Round Robin Competition. Round Robin is where you show other animals such as cavies, chickens, rabbits, pygmy goats, and dogs. Round Robin is fun, and everyone helps each other. We studied during our break. You can learn about other animals by showing them. The ribbons I got were really cool.

Owls of Sonoma County

Thorsen Heartt-Johnson

(From the 4-H Owl Project)

There are three owl species in Sonoma County, the great horned owl, the barn owl, and the screech owl. The great horned owl is the largest owl. They live high in trees at the forest edges. They hunt small animals like rats, gophers, and even skunks. They are attacked by blue jays and crows. I once saw a great horned owl while I was fishing in Joshua Tree National Park. It makes a sound like whoooo-hooo-hooo.

The barn owl is one of the most common owls in the world. They have a white heart-shaped face. They have excellent sight in the dark. It can catch mice in complete darkness. They can catch 1,000 mice in a single year. They like grasslands, fields, and vineyards. We have two owl boxes in my Oma's yard. The barn owls sound like someone screaming.

The screech owl is a smaller owl but will hunt animals as large as a duck or other mammal. They prefer to live in forests around a river. Its sound sounds like mmm-mmm-mmm-mmm.



Independence 4-H 2022-23 Officers

Newsletter Editor

Stephanie Wang

Sergeant-at-Arms

Caleb Harriman
Madeline Smith
Hannah Van De Mark
Gracie Herman
Alice & Claire Pederson
Jeffrey Balich-Shaw
Claire Ball
Wyatt Jones
Adelyn Maddocks
Phoenix and Thorsen
Heartt-Johnson

Photographer

Camille Maddocks
Claire Pederson

Historian

Camille Maddocks

Prize Bin

Claire Pederson
Ash Hobbins

Host

Adelyn Maddocks
Camille Maddocks
Hannah Van De Mark

Store Manager

Hannah Van de Mark

Executive Board

Wilder Larrain ----- President
Quinn Craven-Pittman -- Vice President of Programming
Joey Harriman ----- Vice President of Membership
Clay McDonell ----- Treasurer
Abbey Casey ----- Recording Secretary
Camille Maddocks ----- Corresponding Secretary
Leo McDonell ----- Civic Engagement Officer
Harman Gill ----- Healthy Living Officer

Junior and Teen Project Leaders

Quinn Craven-Pittman --- Archery & Outdoor
Adventures: Camping
Abbey Casey ----- Spring: Arts & Crafts
Harman Gill ----- Robotics
Caleb Harriman ----- Birds: Backyard Chickens
Ash Hobbins ----- Jewelry Making
Sierra Hobbins ----- Baking
Wilder Larrain ----- Leadership
Leo McDonell ----- Mountain Biking
Claire Pederson ----- Outdoor Adventures: Hiking

Open Positions

- Junior Project Leaders
- Teen Project Leaders
- Club Reporters
- Song and Rec Leaders
- Sergeant-at-Arms



Calendar

Mar. 4th -----	UC Davis Field Day	Mar. 19th 10am - 12pm -----	Outdoor Adventures - Hiking
Mar. 7th 4:00 - 6:00 pm -----	Mountain Biking Project	Mar. 20th 5:00 - 7:00pm -----	Backyard Chickens
Mar. 7th 7:00 - 8:00 pm -----	CCC Meeting	Mar. 22nd 7:00 - 8:00 pm -----	Sparks Program Webinar
Mar. 8th 6:30 - 7:30 pm -----	Club Meeting	Mar. 22nd 7:00 - 8:00 pm -----	ChickenQue Rep Meeting - Zoom
Mar. 9th 7:00 - 8:00 pm -----	Sparks Program Webinar	Mar. 25th 2:00 - 4:00 pm -----	Dog Obedience & Dog Agility
Mar. 10th -----	Due: Fashion Revue Participation Form	Mar. 27th -----	Camp Staff Reg Deadline
Mar. 11th 10am - 1pm -----	Archery Project	Mar. 29th -----	Due: All-Star Applications
Mar. 11th 2:00 - 4:00pm -----	Dog Obedience & Dog Agility	Mar. 31st 5:00 - 7:30 pm -----	Arts & Crafts Project meeting 2
Mar. 13th -----	Deadline: In-person Presentations	Apr. 4th 7:00 - 8:00 pm -----	CCC Meeting
Mar. 15th 4:00 - 6:00 pm -----	Mountain Biking Project	Apr. 8th - 22nd -----	Regional Virtual Presentation
Mar. 15th 7:00 - 8:30pm -----	ChickenQue Rep Meeting	Apr. 8th 10am - 1pm -----	Archery Project
Mar. 17th -----	St. Patrick's Day	Apr. 8th 2:00 - 4:00 -----	Dog Obedience & Dog Agility
Mar. 17th -----	Due: 4-H All-Star Applications	Apr. 12th 6:30 - 7:30 pm -----	Club Meeting
Mar. 18th -----	Regional In-person Presentation Day		

For more information, go to our [Club Calendar](#)